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NEWS RELEASE

#2014-10

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Healthy Hinesville 5K to benefit mental health

Hinesville, GA — The City of Hinesville will host its second annual Healthy Hinesville 5K Run/Walk to benefit mental health patients and build awareness of mental health diseases and treatment options Oct. 11 at 8 a.m. in Bradwell Park. The 5K is part of the “Healthy Hinesville” initiative to encourage healthy lifestyles and total wellness for area residents.

“We were proud of the success of the 2013 race and looking forward to an even better race this year,” said Krystal Hart, Hinesville public relations manager. “Seeing families and community members spending the morning being active and contributing to a cause is the essence of what Hinesville is all about.”

The run will begin and end on Main Street. Registration and awards will be in Bradwell Park. The registration cost is \$20 per registrant by Oct. 3 and \$25 on race day. Students and groups of 5 or more can register for \$15 each. Those who pre-registered are guaranteed a race shirt.

Sponsorship donations are also being accepted. Sponsors who donate a \$100 minimum by Sept. 26 will be included on the race shirt and in the race packets. All proceeds benefit patients in local mental health hospitals.

For more information, visit www.cityofhinesville.org/healthyhinesville5K or call (912) 876-3564.

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“Home for a Day or a Lifetime”

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Photos and cutlines by Krystal Hart



2013 Healthy Hinesville race participants refuel with refreshments after completing the 5K Run/Walk through downtown Hinesville. The 2014 5K is scheduled for Oct. 11.



Guardians in Action, Inc. accept a trophy for being the largest registered group during the 2013 Healthy Hinesville 5K Run/Walk. The 2014 5K is scheduled for Oct. 11.

"Home for a Day or a Lifetime"